

Examples of Personal Profiles for CVs

A retail assistant with 15 years experience working in varied store settings including, fashion, electrical and homewares. Excellent interpersonal skills ensure high levels of customer care. Well developed problem solving abilities in the resolution of customer issues. A flexible approach to undertaking varied shift patterns including weekend working. Reliable and trustworthy individual with key holder responsibilities. Calm and professional working under pressure.

A Care Assistant with a mature and responsible attitude. Sound background delivering home support services to a diverse client base including older people as well as those experiencing learning/ physical disabilities and mental health issues. Dedicated to promoting independent living. Comfortable undertaking personal care. Skilled in managing challenging behaviour whilst ensuring the health and safety of clients at all times.

An efficient Call Centre Adviser with the proven ability to offer first class customer service via incoming and outgoing calls. Fast and accurate typing skills and database expertise ensures calls are handled within allocated timeframes. Strong aptitude for resolving customer issues, processing and managing high volume of calls, as well as meeting and exceeding targets.

A commercially aware Commis Chef with ten years experience working within large kitchen teams. Passionate, creative, using flair and imagination to deliver high quality catering services. Able to work a variety of shift patterns including weekends. Previous roles have involved developing other team members and ensuring legal compliance in all food production areas.

An experienced Hotel Manager with a professional manner and a hands-on approach. Confident decision maker with a genuine desire to help and please others whilst balancing customer and business priorities. Productive communication and administration skills with meticulous attention to detail.

A logical and methodical Warehouse Operator with an excellent health and safety record and extensive experience in warehouse work. Conscientious, with the ability to maintain a consistently high standard of work. An adaptable team worker also willing and able to take responsibility for efficient team productivity. Reach and Counterbalance certificated.

A reliable and motivated individual with office and computer experience. Punctual, keen and willing to learn. Strong organisational and administrative skills.

A highly motivated, hard working and enthusiastic individual who possesses the ability to learn new skills. I am punctual with excellent timekeeping and attendance. I consider myself to be very reliable, honest and trustworthy. I get on well with others and enjoy working as part of a team or on independently.

A hard working and dependable individual with a good eye for detail, able to work well both independently and in a team. Part time and holiday work at a local newsagent has taught me the value of punctuality, following instructions accurately and also developed confidence in my ability to handle day-to-day problems appropriately. With a particular interest in retail work, I would appreciate a position that provides the opportunity to continue to build further retail experience.