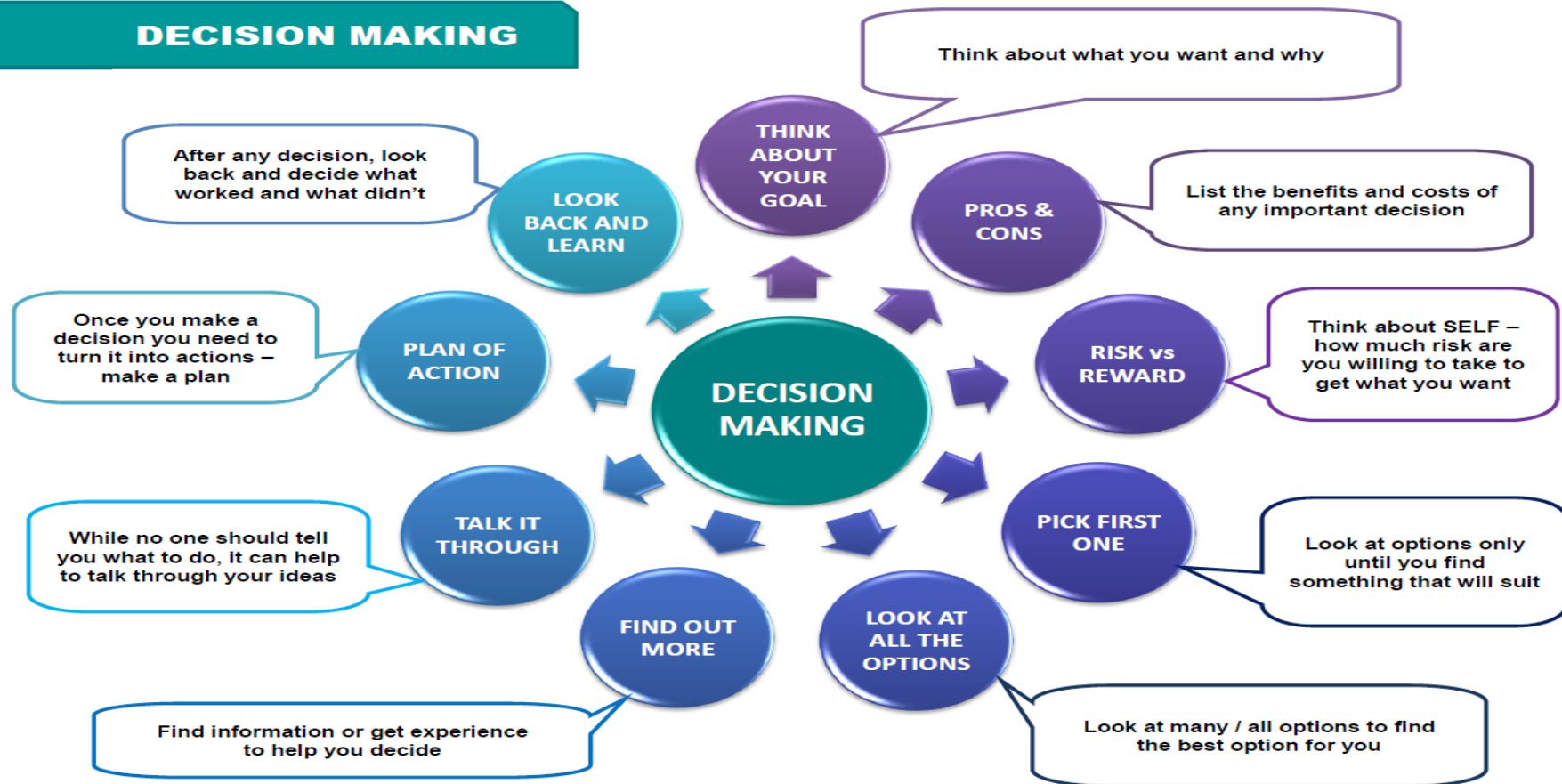


# How I make Career Decisions

<p>I match what I enjoy learning about to different jobs</p>	<p>I match the skills that I have (what I am good at) to different jobs</p>	<p>My parents influence my career decisions</p>	<p>My friends influence my career decisions</p>
<p>I take opportunities as they come</p>	<p>My decisions are impacted by my experiences and how I change over time</p>	<p>I try to make sense of the world and how I fit into it</p>	<p>I don't feel that I have control of my career decisions</p>

As well as developing your Career Management Skills, it can be useful to think about how you make decisions to understand what may be influencing you to make your career choices. Take a look at this slide and consider which statement or statements are most accurate for you.

## DECISION MAKING



The Decision Making cycle shows some of the steps you may find useful to work through to help you make career decisions. Start by thinking about what you want to achieve and why, then work your way through the steps.